

CROWN POINT 2018 / 2019 MIDDLE SCHOOL MENU



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FOOD SERVICE COORDINATOR MEALTIME—MICHELLE SIMONOVSKI—msimonovski@cps.k12.in.us

FOOD SERVICE COORDINATOR FREE & REDUCED BENEFITS—DEANN ALLEVA-dalleva@cps.k12.in.us

| <u>WEEKLY</u> | LINE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--------------|--------------------------|-----------------------------------|---------------------------|---------------------------------|------------------------------|
| BREAKFAST | Pizza | <i>Turkey Chef Salad</i> | <i>Ham Chef Salad</i> | <i>Taco Salad</i> | <i>Turkey Chef Salad</i> | <i>Ham Chef Salad</i> |
| 100% Juice, Fruit and Milk Served Daily | And | <i>Ham Sub</i> | <i>Turkey Sub</i> | <i>Turkey Sub</i> | <i>Ham Sub</i> | <i>Turkey Sub</i> |
| Monday | Deli | <i>Pizza</i> | <i>Pizza</i> | <i>Pizza</i> | <i>Pizza</i> | <i>Pizza</i> |
| Breakfast Pizza | | <i>PB&J</i> | <i>PB&J</i> | <i>PB&J</i> | <i>PB&J</i> | <i>PB&J</i> |
| Breakfast Bar & Cereal | | | | | | |
| Tuesday | W | | <i>Popcorn Chicken</i> | | | |
| Pancake Wrap | E | <i>Chicken Tenders</i> | <i>Rice & Tangerine Sauce</i> | <i>Chicken Nuggets</i> | <i>Breaded Chicken Sandwich</i> | <i>Bosco Sticks</i> |
| Cereal / Poptart | E | <i>Fiesta Day</i> | <i>Meatball Sub</i> | <i>Pasta Day</i> | <i>Burger Deluxe</i> | <i>Chicken Leg</i> |
| Wednesday | K | <i>Refried Beans</i> | <i>Mashed Potatoes</i> | <i>Sauce</i> | <i>Corn Dog</i> | <i>Macaroni & Cheese</i> |
| Breakfast Sandwich | L | <i>Spanish Rice</i> | <i>and Gravy</i> | <i>Green Beans</i> | <i>Fries</i> | <i>Roasted Carrots</i> |
| Breakfast Bar & Cereal | Y | <i>Corn</i> | <i>Broccoli</i> | <i>Pears</i> | <i>Peaches</i> | <i>Mandarin Oranges</i> |
| Thursday | | <i>Applesauce</i> | <i>Pineapple</i> | <i>Twisted Breadstick</i> | | <i>Cornbread</i> |
| Whole Grain Donuts | | <i>Dinner Rolls</i> | <i>Dinner Rolls</i> | | | |
| French Toast Bites | | | | | | |
| Friday | | | | | | |
| Whole Grain Muffins | | | | | | |
| Confetti Pancakes | | | | | | |

HARVEST BARS
 Choose up to 3 different fruits & vegetables with each meal. Fresh fruits and vegetables are available every day.
 Sandwiches & salads are made fresh daily.
 Whole grain crackers, dinner rolls or breadsticks daily.

Please visit our website at www.cps.k12.in.us
 Click on Food Services.
 Visit mymealtime.com for online payments

All menus follow the recommended federal school lunch guidelines and adhere to the Crown Point Schools nutritional policy. These meals offer students proteins, grains, milk, fresh fruits and vegetables while also adhering to the strict limits on portion sizes, sodium and saturated fat.

Free and Reduced Applications are available on our website or at each school. Please send completed applications to:
DeAnn Alleva / dalleva@cps.k12.in.us
 1151 E. Summit St
 Crown Point, In 46307
 Or call with questions 662 6480

Please visit our website for our nutritional information on all of our products. Allergy information is listed as well. Please don't hesitate to call us to help you plan a menu for your child that has Dietary Restrictions.

Lunch Price \$2.45

This institution is an equal opportunity provider.

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