

Lunch Price \$ 2.65

CROWN POINT 2018 / 2019 HIGH SCHOOL MENU



FOOD SERVICE DIRECTOR - PAM MALONEY –pmaloney@cps.k12.in.us

FOOD SERVICE COORDINATOR MEALTIME—MICHELLE SIMONOVSKI—msimonovski@cps.k12.in.us

FOOD SERVICE COORDINATOR FREE AND REDUCED BENEFITS—DEANN ALLEVA-dalleva@cps.k12.in.us

	LINE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	HARVEST BARS
WEEKLY BREAKFAST 100% Juice, Fruit, Milk and PBJ & Pop tart Served Daily <u>Monday</u> Breakfast Pizza Breakfast Bar/Cereal <u>Tuesday</u> French Toast Bites Breakfast Bar/Cereal <u>Wednesday</u> Confetti Pancakes Breakfast Bar/Cereal <u>Thursday</u> Breakfast Burrito Whole Grain Donuts <u>Friday</u> Whole Grain Muffins Cereal / Poptart	O	<i>Chicken Spinach Salad</i>	<i>Cobb Chef Salad</i>	<i>Taco Salad</i>	<i>Chicken Chef Salad</i>	<i>Buffalo Chicken Salad</i>	Choose up to 3 different fruits and vegetables with each meal. Fresh fruits and vegetables are available every day. Sandwiches and salads are made fresh daily. Whole grain crackers & dinner rolls or breadsticks daily.
	U	<i>Turkey Wrap</i>	<i>Turkey Sandwich</i>	<i>Chicken Caesar Wrap</i>	<i>Yogurt Parfait</i>	<i>Chicken BLT Wrap</i>	
	S	<i>Pizza</i>	<i>Pizza</i>	<i>Pizza</i>	<i>Pizza</i>	<i>Pizza</i>	Please visit our website at www.cps.k12.in.us Click on Food Services. Visit mymealtime.com for online payments
	I	<i>PB&J</i>	<i>PB&J</i>	<i>PB&J</i>	<i>PB&J</i>	<i>PB&J</i>	
	D	<i>Spicy Chicken Sandwich</i>	<i>Spicy Chicken Sandwich</i>	<i>Spicy Chicken Sandwich</i>	<i>Spicy Chicken Sandwich</i>	<i>Spicy Chicken Sandwich</i>	
	E						
	I	<i>Chicken Bites</i>	<i>Country Chicken</i>	<i>Chicken Tenders</i>	<i>Breaded Chicken Sandwich</i>	<i>Bosco Sticks</i>	
	N	<i>Meatball Sandwich</i>	<i>Mashed Potatoes</i>	<i>Side of</i>	<i>Burger Deluxe</i>	<i>Tangerine Chicken</i>	
	S	<i>Breakfast for Lunch</i>	<i>Gravy</i>	<i>Mac & Cheese</i>	<i>Corn Dog</i>	<i>Brown Rice</i>	
	I	<i>Hash Browns</i>	<i>Nachos or Two Tacos</i>	<i>Pasta Day</i>	<i>Baked Beans</i>	<i>Asian Blend</i>	
	D	<i>Green Beans</i>	<i>Refried Beans</i>	<i>Broccoli</i>	<i>Fries</i>	<i>Pears</i>	
	E	<i>Pineapple</i>	<i>Corn</i>	<i>Peaches</i>	<i>Mandarin Oranges</i>	<i>Dinner Roll</i>	
		<i>Dinner Roll</i>	<i>Applesauce</i>	<i>Breadstick</i>			
			<i>Dinner Roll</i>				
		All menus follow the recommended federal school lunch guidelines and adhere to the Crown Point Schools nutritional policy. These meals offer students proteins, grains, milk, fresh fruits and vegetables while also adhering to the strict limits on portion sizes, sodium and saturated fat.			Free and Reduced Applications are available on our website or at each school. Please send completed applications to: DeAnn Alleva 1151 E. Summit St Crown Point, In 46307 Or call with questions 662 6480		Please visit our website for our nutritional information on all of our products. Allergy information is listed as well. Please don't hesitate to call us to help you plan a menu for your child that has Dietary Restrictions. Contact Michelle Simonovski 219 662 6480
		<i>This institution is an equal opportunity provider.</i>					