



HIGH SCHOOL MENU 2016 2017

High School Lunch \$2.55

High School Breakfast \$1.30

WEEKLY BREAKFAST

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------|---|-----------------------------------|--|---|--------------------------------------|
| | Breakfast Pizza & Cereal or Breakfast Bar/Cereal | Pancake Wrap & Cereal Poptarts | Egg&Cheese Sandwich or Breakfast Bar/Cereal | Egg & Cheese Burrito & Cereal Whole Grain Donuts | Breakfast Pizza & Cereal Poptarts |
| LUNCH | | | | | |
| E | <i>South of the Border Line</i> | | | | |
| V | Quesadilla | Taco / Nachos | Pork Carnita/ Pork Nacho | Nacho Bites | Fiestada Pizza |
| E | <i>Chicken Select Line</i> | Roll | Roll | Roll | Roll |
| R | Breaded Chicken Sandwich | Chicken Tenders | Asian Bowl and Rice | Chicken Nuggets | Wings & Smiles |
| Y | <i>Deli Line</i> | | | | |
| W | Chef Salads | Chef Salads | Chef Salads | Chef Salads | Chef Salads |
| E | Sandwiches & Wraps | Sandwiches & Wraps | Sandwiches & Wraps | Sandwiches & Wraps | Sandwiches & Wraps |
| E | Hot Chicken on Pretzel Roll | Cheese Burger Deluxe | Breaded Chicken Sandwich | Cheese Burger Deluxe | Spicy Chicken Sandwich |
| K | <i>Pizza Line</i> | | | | |
| | Pizza | Pizza | Pizza | Pizza | Pizza |
| WK | <i>All American Lines wk 1</i> | | Roll | Roll | |
| 1 | Chicken & Waffles | Pasta and Breadstick | Country Chicken & Gravy | Chicken Nuggets | Bosco Sticks |
| WK | <i>All American Lines wk 2</i> | | Corn Bread | | Twisted Bread Stick |
| 2 | Meatball Sub | Pasta and Breadstick | Chicken Leg & Mac & Cheese | Corn Dog | Chili & Cheese Potato Skins |
| WK | <i>All American Lines wk 3</i> | | Twisted Breadstick | | |
| 3 | Fr. Toast Sticks & Sausage | Pasta and Breadstick | Roast Beef & Gravy | Fire House Burger | Bosco Sticks |
| WK | <i>All American Lines wk 4</i> | | Roll | | Roll |
| 4 | Pizza Crunchers | Pasta and Breadstick | Popcorn Chicken Bowl | BBQ Rib Sandwich | Wings & Smiles |

Healthier US School Challenge Bronze Award Receipt 2016 - 2019

WEEK 1 Jan 2, Jan 30, Feb 27, March 27, April 24, May 22

WEEK 2 Jan 9, Feb 6, March 6, April 3, May 2, May 29

WEEK 3 Jan 16, Feb 13, March 13, April 10, May 8

WEEK 4 Jan 23, Feb 20, March 20, April 17, May 15

Fat Free Flavored Milks and Low Fat White Milk available on all lines

All lines have assorted fresh fruits and vegetables, canned fruits and cooked vegetables as well as whole grain products.