



**WEEKLY BREAKFAST**

# ELEMENTARY MENU 2016 2017



January 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Available Daily
Breakfast Pizza	Pancake Wrap	Egg & Cheese Sandwich	Egg & Cheese Burrito	Whole Grain Muffins	Juice & Fruit
Breakfast Bar / Cereal	Breakfast Bar / Cereal	Breakfast Bar / Cereal	Whole Grain Donuts	Yogurt / Poptart	1% or fat free milk

## LUNCH MENU WEEKS 1 THROUGH 3

Nutritional and Allergy information available on line

WEEK 1	Cheesey Pizza Silly Dilly Green Beans Fresh Carrot Sticks Yummy Pears Fresh Fruit Milk	Cheese Burger Deluxe Fiestada Pizza Baked Beans Fresh Broccoli Pineapple / Fresh Fruit Milk	Meatballs & Marinara Sauce Spaghetti Tiny Tree Top Broccoli Crispy Garden Salad Fresh Fruit / Crazy Applesauce Twisted Bread Stick & Milk	Klucking Chicken Nuggets Mashed Potatoes/Gravy Popping Peas Cherry Tomatoes Fruit Medley / Fresh Fruit Dinner Roll & Milk	Mini Pancakes Hash brown Triangles Chicken Sausage Patty Sliced Cucumbers Golden Peaches Fresh Fruit & Milk	<b>Available Daily</b>  <i>Turkey Sandwich</i> <i>Chicken Chef Salad</i>
WEEK 2	Pizza Slice Silly Dilly Green Beans Sliced Cucumber Crazy Applesauce Fresh Fruit Milk	Walking Taco / Regular Taco Nacho Supreme Brown Rice / Refried Beans Rocket Red Peppers Golden Peaches Fresh Fruit & Milk	Breaded Chicken Sandwich Cheese Burger Deluxe Baked Fries Crispy Garden Salad Mandarin Oranges / Fresh Fruit Milk	Pretzel & Cheesey Sauce Hot Diggity Dog w/Cheese & Chili Corn Crispy Garden Salad Chunky Pineapple Fresh Fruit & Milk	Bosco Sticks Marinara Roasted Carrots Fresh Broccoli 100% Fruit Juice Fresh Fruit & Milk	<b>Available Daily</b>  <i>Yogurt Meal To Go</i> <i>Crispy Chicken Chef Salad</i>
WEEK 3	Chicken & Waffles Roasted Carrots Sliced Cucumbers Mandarin Oranges Fresh Fruit Milk	Mini Corn Dogs Macaroni & Cheese Baked Beans Rocket Red Peppers Yummy Pears / Fresh Fruit Biscuit / Milk	Ravioli Loaded Potato Skins Corn Cucumbers Golden Peaches / Fresh Fruit Garlic Bread / Milk	Oriental Chicken & Rice Popcorn Chicken & Rice Tiny Tree Top Broccoli Crispy Garden Salad Fruit Medley Fresh Fruit & Milk	Pizza Crunchers Silly Dilly Green Beans Carrot Sticks Crazy Applesauce Fresh Fruit Milk	<b>Available Daily</b>  <i>Turkey Lunchable</i> <i>Turkey Chef Salad</i>

1 August 22, September 12, October 3, October 24, November 14, December 5, January 9, January 30, February 20, March 13, April 10, May 1, May 22,

2 August 29, September 19, October 10, October 31, November 21 December 12, January 16, February 6, February 27, March 20, April 17, May 8, May 29

3 September 5, September 26, October 17, November 7, November 28, January 2, January 23, February 13, March 6, April 3, April 24, May 15,

*Crown Point Schools know education and good nutrition go together so our students are encouraged to take fruits and vegetables with each meal. Meals, foods and beverages sold or served at schools meet state and federal requirements which are based on the [USDA Dietary Guidelines](#). We provide students with access to a variety of affordable and appealing foods that meet the health and nutrition needs of students.*

*Healthier US School Challenge Silver Award Recipient 2011 - 2014  
Healthier US School Challenge Bronze Award Recipient 2016 - 2019*

**Breakfast Meal \$1.30  
Lunch Meal \$2.15**



**Physical Activity is important everyday**

