High School Graduation Requirements

● 2 Semesters of Physical Education
  ○ Grades 9, 10, 11, 12

● 1 Semester of Health
  ○ Grades 10, 11, 12
Core PE-General Fitness: 2 Semesters, 2 Credits

- **Prerequisites:** None
- **Grade(s):** 9, 10, 11, 12 S
- **Description:** Secondary Physical Education continues the emphasis on health-related fitness, and developing the skills necessary for lifetime of activity. The program includes skill development and application of rules and strategies of complex difficulty in different movement forms. This includes health-related fitness activities (cardio respiratory endurance, muscular, strength and endurance, flexibility, and body composition) aerobic exercise, team sports, individual and dual sports, outdoor pursuits, aquatics, dance, and recreational games. On-going assessment will include written and health related evaluations.
Core PE-Athletic Development-9: 2 semesters, 2 credits

- **Prerequisites:** CPHS Athlete
- **Grade(s):** 9
- **Description:** The curriculum for this course is designed to enhance the fundamental athletic skills of CPHS athletes. Physical Education continues the emphasis on health-related fitness, and developing the skills necessary for lifetime of activity. The program includes skill development and strategies of complex difficulty in different movement forms. This includes health-related fitness activities, cardio respiratory endurance, muscular strength and endurance, flexibility, and body composition as well as development, agility, speed and power. This course is open to male and female students who are involved in a CPHS athletic team.
Summer school core PE

- Dates: TBD; 7:00AM - 12:00PM
- 1 Semester, 1 Credit: 14 days
- 2 Semesters, 2 Credits: 27 days
- Prerequisites: None
- Grade(s): 9, 10, 11, 12
Nontraditional core pe

- Core physical education credit (required for graduation) can be earned through “non-traditional” means through participation in qualifying activities.
- Students may earn (1) core physical education credit for each qualifying activity.
- Students may earn a maximum of (2) credits through participation in qualifying activities.
- Students may not earn (2) credits by participating in the same activity over the course of different seasons.
Nontraditional Core PE

Qualifying Activities

Baseball
Color Guard
Football
Marching Band
Swimming
Volleyball
Basketball
Cross Country
Golf
Soccer
Tennis
Wrestling
Cheerleading
Dance
Gymnastics
Softball
Track & Field
Unified Track & Field
Nontraditional Core PE

Criteria

- Student must finish season in “Good Standing.”
- Students must demonstrate basic swimming skills to receive (2) semesters of credit in an activity that does not require aquatic activity.
- Injury: Student still attends and participates as able. Rehabilitation counts towards remaining in “Good Standing.”
- Students applying for non-traditional credit must complete core physical education graduation requirements by their 4th semester in high school. Students that have not completed the requirement will be scheduled into a core physical education section in their 5th semester of high school.
- Forms must be signed by both the student and parent at the conclusion of the qualifying activity.
Elective PE offerings grades 10, 11, 12

- Athletic Development 10-12th Grade
- Advanced PE – Lifesaving
- Physical Education II (Team Sports)
- Elective PE (Fitness for Life)
Health education grades 10, 11, 12

- HEALTH EDUCATION
  - 1 Semester, 1 Credit

- HEALTH (Online)
  - 1 Semester, 1 Credit
Crown point athletic development program

Since we started the CPHS Athletic Development Program 11 years ago the Bulldogs accumulated:

1. Nearly 100 IHSAA Team Sectionals Championships
2. 4 Team IHSAA State Championships
3. 4 Team IHSAA State Runner-Ups
4. 14 Individual State Championships
5. First DAC All Sport Championship Trophy……..7 Times
6. Individuals have made TEAM USA in 4 sports
7. First 5 Star SEC football recruit from CPHS
8. First NFL tryout for a for a former CPHS student athlete
9. NCAA Champion as a freshmen.
10. National Champions/Medalists in Olympic Weightlifting, Karate, Wrestling